

Dumfries Launch Event



18th April 2026

Here is all the information you need for the event, but if you have any other questions, please do email: info@thinkdifferentlydg.org.uk or phone / text: 07884472993.

Picture	Information
A map of Dumfries, Scotland, showing High Street and surrounding areas. A red pin marks the location of '135-139' on High Street. Other landmarks include Monaghans Jewellers, RBS Dumfries High Street, Queensberry Monument, Santander ATM, Midsteepie, Bob & Berts Dumfries, Hays Travel, and Housi Home. The National Cycle Route 7 is also indicated.	<p>The event will take place at: The Green Room The Standard 139 High Street Dumfries DG1 2QT</p>
A photograph of the exterior of 'The Standard' building in Dumfries. The building has a green-painted ground floor and a red brick upper floor. A sign above the entrance reads 'THE STANDARD'. To the left of the main entrance is an archway. A sign in the window says 'MULTI-PURPOSE ROOMS AVAILABLE FOR HIRE'. The archway leads to a narrow street.	<p>The event is drop in so you can arrive anytime after 2pm and leave anytime before 4pm.</p> <p>Please make your way through the archway to the left of The Standard Building, into the close.</p>



Walk along the close until you get to the side door.



Go through the side door and up the stairs. There is also a lift.



You will see the Green Room.
Think Differently will be the only group using the room.



A member of our team will be **outside the Green Room to meet people between 1:45-2pm.**

After 2pm, you will see our team members inside the room.

They will be wearing **purple Think Differently t-shirts** with our logo on them.



We will have refreshments available **free of charge**, including some dairy/wheat free alternatives.

You can help yourself to tea/coffee, diluting juice, water, biscuits and fruit.

Who will be there?



Joanne Dunn
Think Differently Project Worker



Ally Nicolas
Think Differently Project Worker



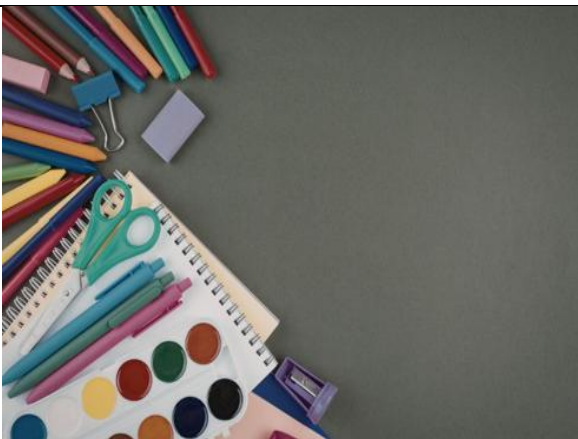
Members of the Management Committee
Think Differently Dumfries and Galloway

What will we be doing?

There will be a range of activities that you can participate in but please don't feel that you have to.

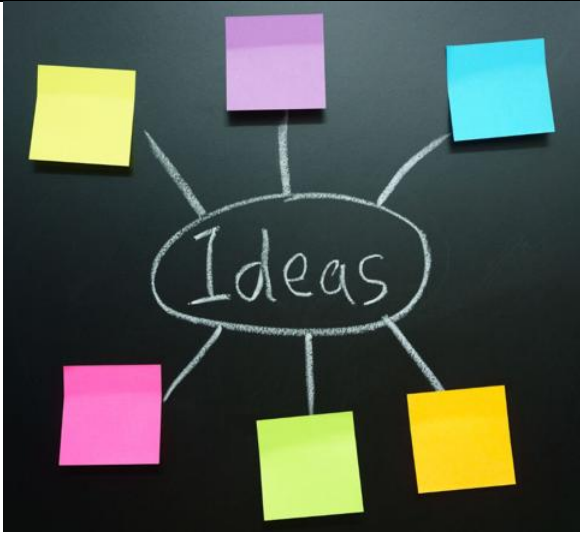
There is no pressure to talk or participate. You can write down any suggestions or feedback instead and you are welcome to one of the team to help you.

Here are some of the activities available.



Arts and crafts

We will have some fun and relaxing arts and craft that you can do while you chat, watch or listen.



Ideas Boards

We'll have idea boards set up to get some ideas on the following;

- What are you most interested in? What would you like to see from the community?
- What might get in the way of you taking part and how can we help?
- What should online and face to face meeting include?

You can work on ideas on your own or as a group and our team will be happy to help you.



Volunteer sign-up sheets

Our team are on hand to chat to you about volunteering opportunities with Think Differently.

We have some roles in mind for volunteering but please let us know what your interests are and we can work together to suggest volunteering activities.



Welcome to Think Differently Dumfries & Galloway

A Community for Neurodivergent Adults

Online Launch Event
Monday 16 February 2026, 6-7:30pm



Presentations

We will have the information presentations we used for the online launches. You are welcome to go through the presentation yourself or one of our team can talk you through them.

Collection of thoughts

We would love to hear your thoughts, feedback, views and inspiration. Do you have a favourite saying or poem that helps you stay positive or comforts you? Do you have a favourite place or activity? Can you



suggest how Think Differently can make events more fun or interesting for you? Is there anything we can do better or something you would like us to do in the future?

Some final thoughts

- Remember everyone will be a bit nervous, and that's totally normal. You only need to take part as much as you feel comfortable to.
- You can write all your ideas down if speaking out feels hard. If writing is difficult, let us know and one of our team will help you.
- If you wish to talk to a member of the Think Differently team in private, please let us know.
- If you need to take a break or sit in a quiet area please do so. We will have a box of toys to fidget with if that helps to calm you or aid concentration.
- We will take some **photographs on the day at 3pm**, we will announce we will be taking the pictures and where. **If you don't wish to be in the photograph please let us know and step out of the area.**
- If there's anything we've not thought about in terms of how to make this event safe or accessible for you, please let us know.
- Don't forget - if there's anything we haven't covered in this document: o email us: info@thinkdifferentlydg.org.uk call / text us: 07884472993 (including on the day)