

# Castle Douglas Launch Event



28<sup>th</sup> March 2026

Here is all the information you need for the event, but if you have any other questions, please do email: [info@thinkdifferentlydg.org.uk](mailto:info@thinkdifferentlydg.org.uk) or phone / text: 07884472993.

Picture	Information
 	<p>The event will take place at: <b>Gordon Memorial Hall</b> St Ninian's Scottish Episcopal Church Whitepark Road Castle Douglas DG7 1EX</p> <p>The event is drop in so you can <b>arrive anytime after 2pm</b> and <b>leave anytime before 4pm.</b></p> <p>Please make your way through the main door, into the small reception room. There is a larger hall next to it.</p> <p><b>Think Differently will be the only group using the hall.</b></p>
	<p>A member of our team will be <b>outside the hall to meet people between 1:45-2pm.</b></p> <p>After 2pm, you will see our team members inside the hall.</p> <p>They will be wearing <b>purple Think Differently t-shirts</b> with our logo on them.</p>



We will have refreshments available **free of charge**, including some dairy/wheat free alternatives.

You can help yourself to tea/coffee, diluting juice, water, biscuits and fruit.

## Who will be there?



**Grace Cardozo**  
Think Differently Management  
Committee Member



**Joanne Dunn**  
Think Differently Project Worker



**Ally Nicolas**  
Think Differently Project Worker



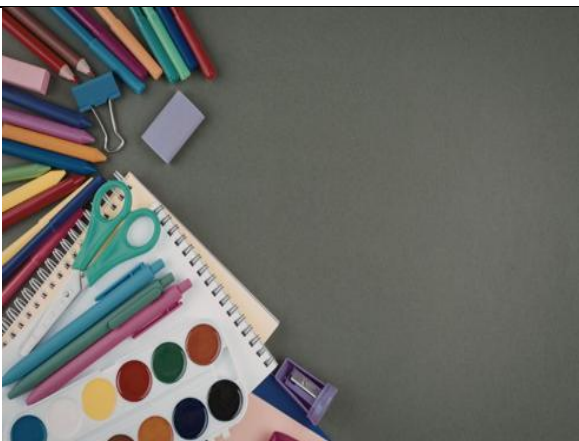
**Angharad Storrie**  
Sleeping Giants

### **What will we be doing?**

There will be a range of activities that you can participate in but please don't feel that you have to.

There is no pressure to talk or participate. You can write down any suggestions or feedback instead and you are welcome to one of the team to help you.

Here are some of the activities available.



### **Arts and crafts**

We will have some fun and relaxing arts and craft that you can do while you chat, watch or listen.



## Ideas Boards

We'll have idea boards set up to get some ideas on the following;

- What are you most interested in? What would you like to see from the community?
- What might get in the way of you taking part and how can we help?
- What should online and face to face meetings include?

You can work on ideas on your own or as a group and our team will be happy to help you.



## Volunteer sign up sheets

Our team are on hand to chat to you about volunteering opportunities with Think Differently.

We have some roles in mind for volunteering but please let us know what your interests are and we can work together to suggest volunteering activities.



### Welcome to Think Differently Dumfries & Galloway

A Community for Neurodivergent Adults

Online Launch Event  
Monday 16 February 2026, 6-7:30pm



## Presentations

We will have the information presentations we used for the online launches. You are welcome to go through the presentation yourself or one of our team can talk you through them.

## Collection of thoughts

We would love to hear your thoughts, feedback, views and inspiration. Do you have a favourite saying or poem that helps you stay positive or comforts you? Do you have a favourite place or activity? Can you



suggest how Think Differently can make events more fun or interesting for you? Is there anything we can do better or something you would like us to do in the future?

## Some final thoughts

- Remember everyone will be a bit nervous, and that's totally normal. You only need to take part as much as you feel comfortable to.
- You can write all your ideas down if speaking out feels hard. If writing is difficult, let us know and one of our team will help you.
- If you wish to talk to a member of the Think Differently team in private, please let us know.
- If you need to take a break or sit in a quiet area please do so. We will have a box of toys to fidget with if that helps to calm you or aid concentration.
- We will take some **photographs on the day at 3pm**, we will announce we will be taking the pictures and where. **If you don't wish to be in the photograph please let us know and step out of the area.**
- If there's anything we've not thought about in terms of how to make this event safe or accessible for you, please let us know.
- Don't forget - if there's anything we haven't covered in this document: email us: [info@thinkdifferentlydg.org.uk](mailto:info@thinkdifferentlydg.org.uk) call / text us: 07884472993 (including on the day)