

Online Meeting



Monday 14th September 2026

Here is all the information you need for the event, but if you have any other questions, please email: hello@thinkdifferentlydg.org.uk **or** phone / text: 07405 956297.

Joining Information:

The meeting will take place **online** on **Zoom**.

The Zoom link is here:

<https://us06web.zoom.us/j/89386834369?pwd=9sleqsbOjCBJwwqxoObCK55QPfW2Nk.1>

Meeting ID: 893 8683 4369

Passcode: 5Zj0fE

The meeting starts at **6pm** and will run until **7.30pm**.

Feel free to leave the meeting at any time.

Who will be there?

Picture	Information
	Joanne Dunn Think Differently Project Worker



Ally Nicolas

Think Differently Project Worker



Angharad Storrie

Think Differently Project Worker



Members of the Management Committee may come along too.

Think Differently Dumfries and Galloway

What will we be doing?

There will be a general introduction and informal chat at the start of the session then a Breakout Room to discuss different topics.

There is no pressure to talk or participate so please do not feel that you have to.

You can turn your camera off at any time.

You are welcome to use the 'chat' function if you would rather write down your thoughts rather than speaking in the meeting too.

Here are the plans for our online meeting:	
6.00-6.15pm	Introductions The Think Differently team will introduce ourselves and give a short description of our roles for anyone who missed the first online meeting in August.
6.15-6.35pm	We will introduce a draft 'Group Agreement' We aim to have a discussion to see if you would like to add or change anything to the draft Group Agreement. Remember: there is no pressure to (by talking or using the 'chat' function).
6.35-7.05pm	Discussion about In-Person Events • Feedback about recent in-person event in Dumfries • Dumfries dates (December/January) • Stranraer venues • Snacks and drinks • Games Remember: there is no pressure to (by talking or using the 'chat' function).
7.05-7.25pm	We will create an online Breakout Room with Ally: Health and Wellbeing – Changing Seasons You are welcome to stay in the main session and chat to Angharad from our team rather than joining the Breakout Room. Do not worry if you come out of a Breakout Room as Angharad can let you back into the meeting any time. Feel free to message us in the chat as Angharad will be keeping an eye on this for the whole meeting.
7.25-7.30pm	Final thoughts and meeting closes.

Some final thoughts

- Remember everyone will be a bit nervous, and that is totally normal. You only need to take part as much as you feel comfortable to.
- You can write all your ideas down in the 'chat' function of Zoom if speaking out feels hard.
- If you wish to talk to a member of the Think Differently team in private, please let us know.
- If you need to take a break or sit quietly with your camera and microphone off, please do so.
- If there is anything we have not thought about in terms of how to make this event safe or accessible for you, please let us know.
- Remember if there is anything we have not covered in this document and you need more information, please email us:
hello@thinkdifferentlydg.org.uk **or** phone / text us: 07405 956297 (including on the day).